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# Cardiff Youth Service



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Cardiff Youth Service



# Who are Cardiff Youth Service?

- Cardiff Youth Service are part of Cardiff Council's Education department.
- We work with young people aged 11-25yrs to enhance personal, social and educational development through a variety of opportunities.
- This includes activities in communities, participatory experiences, as well as information, support and guidance enabling young people to reach their unique and full potential.
- We work with young people in a variety of settings offering both universal and, for those identified as vulnerable, targeted support.
- Children's rights and the UNCRC is embedded in all the work we do, with regular consultations occurring on an ongoing basis.
- Cardiff Council are committed to a partnership with UNICEF and Cardiff is a child-friendly city.

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# What do we offer?

- We have 13 youth work teams within the Youth Service, which include:
  - Open Access Youth Work
  - Streetbased Youth Work
  - Youth Mentoring
  - Digital Youth Work
  - Emotional Health, Wellbeing & CLA
  - Inclusive Youth Work
  - Post 16 Youth Work
  - Active Involvement Team
  - Pupil Inclusion project
  - Welsh/bilingual Youth Work
- Our engagement with young people takes place in youth centres and youth clubs, on the street where young people are, as well as in schools and communities.
- Our Youth Workers and youth support workers are a nationally qualified, registered workforce.

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# CLA Youth Mentoring

- One-to-one support with qualified and experienced Youth Mentors.
- Weekly sessions, sometimes more for a minimum of 1 hour.
- Flexible delivery within a school setting, the community or where they live, including those placed out of County.
- Focuses on the needs of the young people with an intention to improve their wellbeing, improve attendance and attainment and decrease problematic behaviour.
- Capacity to work with 60 young people across the team.
- Addressing the Youth Engagement and Progression Framework to reduce those not in Education Training or employment



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# CLA Wellbeing Group



- Targeted sessions are run weekly at Eastmoors Youth Centre.
- Provide opportunities for young people to socialise and meet other young people and share experiences.
- Activities are delivered to promote wellbeing and emotional health such as themed workshops, cooking, games and activities, iCare Programme, and accredited activities such Youth Achievers Award and Duke of Edinburgh Award.

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# CLA Activities

- Young people have opportunities to take part in several fun and active activities which improves their confidence, self-esteem and wellbeing.
- These activities are mostly delivered during school holidays, and weekends.



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# CLA Open Access

- Space where care experienced young people can participate in a range of activities in a safe environment.
- Have access to our team of Youth Workers which will support young people's social, educational and emotional development.
- Take part in fun activities, trips, receive support, advice and guidance and volunteering opportunities.
- Enables young people to make informed decisions about life choices and the opportunities that are available to them.



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# Challenges

- Meeting the needs of the CLA cohort with sufficient youth mentoring support
- Lack of transport is difficult for young people to attend planned evening sessions, often staff are expected to collect from where they live, and only limited spaces available, often excludes many.
- Managing the fallout of young people given short notices to quit in their foster placements causing additional distress and uncertainty and affecting their overall wellbeing.
- Providing consistency to the CLA cohort is essential as any changes effect the ability to build effective working relationships i.e. Social Workers Unregulated placements etc.

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# End

## Any questions?



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